



St. Elizabeth Physicians Established Journey Recovery Center as a Central Hub for Treatment of Substance Use Disorders in 2016

Locating treatment services on the third floor of Life Learning Center in 2022 combines the best in evidence-based treatment with the best community resources to address factors that impact success in recovery.

St. Elizabeth Healthcare Began the “Lift Up” Collaborative in 2020 to Address Financial Stability and Independence for Persons with Substance Use Disorders

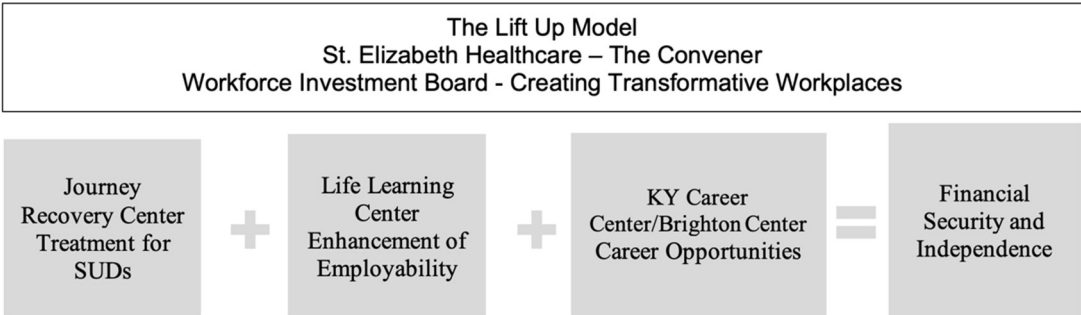
- A five-year project funded by the Substance Abuse and Mental Health Services Administration
- ***Lift Up Collaborative includes Journey Recovery Center, Life Learning Center, Brighton Center/KY Career Center, and Workforce Investment Board***
- Persons Served in 2021: 281 served; 56% female and 43% male; 42% on parole; Nearly 7% are black, 93% are white
- Results in First Year (National Outcome Measures)
 - Abstinence (No use in past 30 days): 82.7% at intake to 82.7% at 3 months; no change
 - **Criminal Justice (No arrests in past 30 days): 90.4% at intake to 96.2% at 3 months; 6.4% change**
 - **Employment/Education (Employed or in training): 32.7% at intake to 76.9% at 3 months; 135.3% change**
 - Social/Behavioral Health Consequences (No consequences in past 30 days): 96.2% at intake to 92.3% at 3 months; negative -4.0% change
 - Social Connectedness (Support of family/friends): 100% at intake to 100% at 3 months; no change
 - Housing (stable housing): 44.2% at intake to 46.2% at 3 months; 4.3% change

Evidence-Based Treatment at Journey Recovery Center

- Assessment
- Medication Assisted Treatment, when indicated
- Clinical and Case Management
- Disease Management
- Peer Support
- Spiritual Enrichment
- Relapse Prevention

Factors Determining Success in Recovery

- Legal Concerns
- Family Disengagement
- Personal Hygiene
- Medical Needs including pregnancy and infectious disease
- Faith Opportunities
- Health Promotion including diet, exercise, and stress management
- Education prerequisites for job placement
- Vocational Rehabilitation
- Housing and Safety
- Life Skills



For more information on the Lift Up Project activities and outcomes, contact Bonnie Hedrick, PhD, Project Director at bonnie.hedrick@stelizabeth.com or 859-655-0180.